



Behavioral Health Tech Review

National Center for Telehealth & Technology (T2) | t2.health.mil

View online at t2.health.mil/newsletter

Volume 3, Issue 1 | December 2013

MOBILE APPLICATIONS

IMS Health Identifies Opportunities for Mobile Healthcare Apps

Oct. 13, 2013 (IMS)

Despite growing interest in the use of mobile applications by patients and healthcare professionals as part of wellness, prevention and treatment regimens, the vast majority of available app has limited functionality or evidence of value in advancing healthcare provision and outcomes, according to a new report released today by the IMS Institute for Healthcare Informatics....[More](#)

Mobile Health Apps Could Be the "Next Big Thing"

November 8, 2013 (Benzinga)

Consumers today are better informed when it comes to their own health care than in years past. Much of that thanks to unprecedented access to information over the Internet, availability of data, combined with the convenience afforded by smartphones and tablets, are creating knowledgeable consumers who typically conduct research before and after visiting the doctor....[More](#)

VIRTUAL APPLICATIONS

Video Game serves as Virtual TBI Therapist

September 23, 2013 (Medpage Today)

Patients who participated in a Microsoft Xbox Kinect-supported virtual therapy session had significantly improved balance, gait, and functional reach scores from baseline, according to Ksenia Ustinova, PhD, Jan Perkins, PT, PhD, both of Central Michigan University in Mount Pleasant....[More](#)

Virtual Reality Helps Vet with PTSD

November 10, 2013 (Daytona Beach News Journal)

When 1st Sgt. Doug Hester smelled a mixture of diesel and gunpowder, he was right back on the war-torn roads he patrolled in his light armored vehicle. Donning a pair of virtual reality goggles, he scanned the horizon. Bullets whizzed by. An improvised explosive device went off, and his seat shook. A therapist sitting at a nearby computer screen monitored his progress and controlled the virtual world....[More](#)

TELEHEALTH

Tapping the Telehealth Revolution for Advancing Health Care Reform

November 1, 2013 (iHealthBeat)

A fundamental goal of the Affordable Care Act is to achieve the greatest value for the health care resources spent while making lasting improvements in health. Telehealth can potentially make a valuable difference in achieving this goal, yet widespread adoption is greatly hindered by both policy and practice barriers....[More](#)

Bipartisan Legislation Would Expand DOD and VA Telehealth

November 19, 2013 (HIMSS)

Rep. Mike Thompson (R-CA) and Rep. Scott Peters (D-CA) introduced the 21st Century Care for Military and Veterans Act (H.R. 3507) on November 15, 2013. The bill would expand the use of telehealth under the TRICARE program and in the Department of Veterans Affairs. TRICARE is the healthcare program for approximately 9.6 million active duty service members. National Guard and Reserve members, retirees, their families, survivors and certain former spouses worldwide....[More](#)

INNOVATIVE TECHNOLOGY FOR HEALTHCARE

Will IBM's Watson Usher in a New Era of Cognitive Computing?

November 13, 2013 (Scientific American)

Computers as we know them have are close to reaching an inflection point--the next generation is in sight but not quite within our grasp. The trusty programmable machines that have proliferated since the 1940s will someday give way to cognitive systems that draw inferences from data in a way that mimics the human brain....[More](#)



Military Parenting

Parenting for Service Members and Veterans is an anonymous online self-help course designed to help the military community improve their parenting skills. It provides military and veteran parents with tools and practical advice to help them reconnect with their families after a separation, strengthen relationships with their children and build upon their existing parenting skills.

Listing stories from real veteran and military families, interactive activities and a curriculum developed by leading experts. MilitaryParenting.org helps parents address both everyday parenting problems and family issues unique to their military history.

Since 2001, lengthy and multiple combat deployments have disrupted life for millions of military family members. This course can help these parents reintegrate and reconnect with their children whether they are returning from a current deployment or have reintegrated many years ago.

Parents with combat injuries or mental health concerns can find strategies for parenting in the face of such personal challenges. All parents, whether struggling or satisfied with their children's behavior will find MilitaryParenting.org gives the tools they can use today to teach their children skills and values that they can keep for a lifetime.

SUBSCRIBE TO THE BEHAVIORAL HEALTH TECH REVIEW AT [HTTP://WWW.T2.HEALTH.MIL/NEWSLETTER](http://WWW.T2.HEALTH.MIL/NEWSLETTER)

The "Behavioral Health Tech Review" is published quarterly by the National Center for Telehealth & Technology (T2) to inform senior military leaders, healthcare providers, and T2 collaborators about existing and new innovative technologies which support the treatment of behavioral health patients. For more information about "Behavioral Health Tech Review" or to submit a story idea or comment, please e-mail us at AskUs@t2health.org or connect on Facebook and Twitter.

The appearance of external hyperlinks does not constitute endorsement by the United States Department of Defense of the linked web sites, or the information, products or services contained therein. [Please read our privacy and security notice.](#)

