

## Find Out About Your Psychological Health

This is a listing of assessments you can complete anonymously online at [AfterDeployment.dcoe.mil](https://AfterDeployment.dcoe.mil). They are all standard assessments used by health care professionals and cover a wide range of concerns.

Alcohol and Drug Use

Anxiety

Depression

Friendship

Gratitude

Life Stress

Sexual Trauma

Nicotine Dependence

Panic

Perceived Social Support

Post-deployment Social Support

Resilience

Sleep

Stigma

Worry

Anger

Caregiver Stress

Forgiveness

Generosity

Hope

Marital Satisfaction

Mild Traumatic Brain Injury

Optimism

Parenting Confidence

Physical Injury Resilience

Post-traumatic Stress

Satisfaction with Life

Spirituality

Work Adjustment



[AfterDeployment.dcoe.mil](https://AfterDeployment.dcoe.mil)



# AfterDeployment.dcoe.mil

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