

National Center for Telehealth & Technology (T2)
Alcohol Awareness Month Social Media – April 2017

Facebook Posts		
AfterDeployment Resource	Post Text	Link to Resource
AD Assessment – Alcohol	Some people don't know when one drink is one too many. Someone you know? Encourage them to take a free, anonymous @AfterDeployment assessment. This quick test can bring awareness to possible problems with alcohol use and point to resources for help. #AlcoholAwarenessMonth	http://afterdeployment.dcoe.mil/assessment/alcohol
AD Assessment – Stress	People with high levels of stress are more likely to drink more alcohol, and drink more frequently.. This anonymous assessment from our partners at @AfterDeployment can help you measure your level of stress and help you find helpful resources. #AlcoholAwarenessMonth	http://afterdeployment.dcoe.mil/assessment/stress
AD Fact Sheet – Alcohol	We know you like to have a good time! We also know you that you can drink responsibly. Get tips from @AfterDeployment on how you can do both. #AlcoholAwarenessMonth	http://afterdeployment.dcoe.mil/fact/alcohol-and-drugs
AD Blog – Alcohol	Alcohol doesn't just affect the adults in the room. Our friends at @AfterDeployment have tips on how to talk to your kids during #AlcoholAwarenessMonth (or any other time of year). Check it out:	http://afterdeployment.dcoe.mil/blogs/expert/having-the-talk-with-your-kids-about-alcohol

Tweets

AfterDeployment Resource	Post Text	Link to Resource
AD Assessment – Alcohol	Enjoying more than four drinks at a time? That may be a sign of binge drinking. Learn more from this @afterdeployment assessment. (118)	http://afterdeployment.dcoe.mil/assessment/alcohol
AD Assessment – Stress	Stress can affect your drinking habits. Check your stress level with help from @afterdeployment (118)	http://afterdeployment.dcoe.mil/assessment/stress
AD Fact Sheet – Alcohol	You can have a good time AND be responsible. Get the facts on drinking safely from @AfterDeployment. #Alcohol (115)	http://afterdeployment.dcoe.mil/fact/alcohol-and-drugs
AD Blog – Alcohol	Looking for tips on how to discuss #alcohol with your kids? Check out this @AfterDeployment blog post to learn how. (117)	http://afterdeployment.dcoe.mil/blogs/expert/having-the-talk-with-your-kids-about-alcohol