

Clinician Resources

VA/DoD Clinical Practice Guidelines: Substance Use Disorders Pocket Guide

URL: www.healthquality.va.gov/guidelines/MH/sud/SUDPocketGuideOverview.pdf

Description: A pocket guide that provides medical and psychological health providers with a quick reference tool for treating patients with substance use disorders.

VA/DoD Clinical Practice Guidelines: Treating Tobacco Use and Dependence Quick Reference Guide

URL: www.healthquality.va.gov/guidelines/CD/mtu/phs_2008_quickguide.pdf

Description: A guide that assists clinicians, smoking cessation specialists and healthcare administrators in identifying tobacco users and delivers effective tobacco dependence interventions.

Helping Patients Who Drink Too Much: A Clinician's Guide

URL: pubs.niaaa.nih.gov/publications/Practitioner/CliniciansGuide2005/clinicians_guide.htm

Description: A guide for mental health professionals on screening patients for heavy drinking.

A Pocket Guide for Alcohol Screening and Brief Intervention

URL: pubs.niaaa.nih.gov/publications/Practitioner/PocketGuide/pocket_guide.htm

Description: A smaller condensed version of the Clinician's Guide that can be more easily accessed.

Older Adults and Alcohol

URL: pubs.niaaa.nih.gov/publications/olderAdults/olderAdults.htm

Description: A booklet that discusses alcohol and aging, what you can do if you have a drinking problem, and how to gain support from families and friends. It contains relevant information for an older adult population.

A Family History of Alcoholism

URL: pubs.niaaa.nih.gov/publications/FamilyHistory/famhist.htm

Description: A pamphlet that discusses alcoholism and what a family history of alcoholism may mean. Explains the genetic risks tied to alcoholism and tips to avoid developing the disease.



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Alcohol and Tobacco

URL: pubs.niaaa.nih.gov/publications/AA71/AA71.htm

Description: A clinical publication that delves into the connection between alcohol and tobacco use. Also discusses possible treatment options for both.

Alcohol and Stress

URL: pubs.niaaa.nih.gov/publications/AA85/AA85.htm

Description: A clinical publication on the definition and types of stress, how alcohol plays a role in coping with stress, and ways to cope with stress and alcoholism.

Fetal Alcohol Exposure

URL: pubs.niaaa.nih.gov/publications/FASDFactsheet/FASDfact.htm

Description: A pamphlet that discusses fetal alcohol exposure, all of the different types, risk factors, and possible intervention strategies.

Make a Difference: Talk to Your Child About Alcohol

URL: pubs.niaaa.nih.gov/publications/MakeADiff_HTML/makediff.htm

Description: A booklet that provides helpful tips and strategies for parents when talking to their child about alcohol.

Beyond Hangovers

URL: pubs.niaaa.nih.gov/publications/Hangovers/beyondHangovers.htm

Description: A booklet that provides an extensive view into alcohol's effects on the many systems and organs of the human body.

Tips for Cutting Down on Drinking

URL: pubs.niaaa.nih.gov/publications/Tips/tips.htm

Description: A short pamphlet that provides beneficial tips and methods on how to cut down on alcohol consumption.