

# AUDIT-C

## ALCOHOL USE DISORDERS IDENTIFICATION TEST – ALCOHOL CONSUMPTION

AUDIT-C Questionnaire					Score
<b>■ Please check one response for each of the following statements:</b>					
1. How often do you have a drink containing alcohol?	a. Never <input type="checkbox"/>	b. Monthly or less <input type="checkbox"/>	c. 2-4 times a month <input type="checkbox"/>	d. 2-3 times a week <input type="checkbox"/>	e. 4 or more times a week <input type="checkbox"/>
2. How many standard drinks containing alcohol do you have on a typical day?	a. 1 or 2 <input type="checkbox"/>	b. 3 or 4 <input type="checkbox"/>	c. 5 or 6 <input type="checkbox"/>	d. 7 to 9 <input type="checkbox"/>	e. 10 or more <input type="checkbox"/>
3. How often do you have six or more drinks on one occasion?	a. Never <input type="checkbox"/>	b. Less than monthly <input type="checkbox"/>	c. Monthly <input type="checkbox"/>	d. Weekly <input type="checkbox"/>	e. Daily or almost daily <input type="checkbox"/>
<b>Total Score:</b>					

### AUDIT-C Information and Scoring

The AUDIT-C is a brief screen (three questions in total) that can help to identify if someone is experiencing hazardous alcohol consumption or has an alcohol use disorder. The AUDIT-C is a modified version of the longer AUDIT screen (10 questions in total).

#### Scoring

The AUDIT-C is scored on a scale of 0-12. Each AUDIT-C question has five answer choices, and each answer choice has a numerical value. Record the numerical value of each answer in the “Score” box at the end of each line.

An answer of:

- a = 0
- b = 1
- c = 2
- d = 3
- e = 4

Add all the numbers in the “Score” boxes and record in the box titled “Total Score.” See below for interpretation:

Men	Women	In General
A score of 4 or more is considered positive. Further evaluation to identify hazardous drinking or alcohol use disorders is advised.	A score of 3 or more is considered positive. Further evaluation to identify hazardous drinking or alcohol use disorders is advised.	The higher the Total Score, the more likely the participant’s drinking is consistent with hazardous alcohol consumption or an alcohol use disorder.

Note: when the Total Score value is summed from Question #1 alone (i.e. #2 & #3 are zero), it is likely that the participant is drinking below recommended limits. A review of the participant’s alcohol intake over the past few months should be conducted to confirm accuracy.

*Take an online, anonymous assessment at*  
**[AfterDeployment.dcoe.mil/assessment/alcohol](https://AfterDeployment.dcoe.mil/assessment/alcohol)**



The AUDIT-C is a modified version of the full AUDIT screen. It is for use in the public domain. Babor, T.F., de la Fuente, J.R., Saunders, J. and Grant, M. AUDIT The Alcohol Use Disorders Identification Test: Guidelines for Use in Primary Health Care. WHO/MNH/DAT 89.4, World Health Organization, Geneva, 1989.